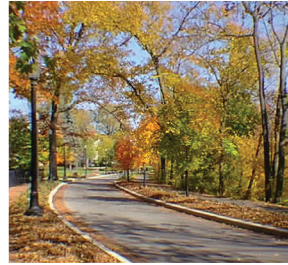


Muncie Active Living Workshop

Planning for a Healthy Community

Thursday, September 17, 2015



Please join us for this free workshop!
REGISTER HERE

Learn how to build an active living community for all ages and abilities. Join neighbors, city staff and community leaders to learn about and discuss how to support active living in Muncie. Lunch provided.

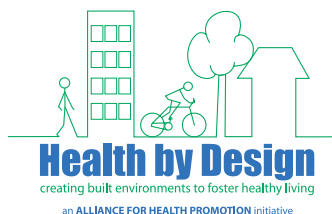
9:00 a.m. – 4:00 p.m.
The Cantina at Minnetrista
1200 N. Minnetrista Pkwy., Muncie, IN 47303

Presentations and activities will include:

- The benefits of planning and building for active living
- Best practices and strategies for success
- Walking audit of nearby infrastructure
- Identification of active living goals for Muncie

To participate, please register by Friday, September 11:
https://www.surveymonkey.com/r/muncie_alw

Questions may be directed to MaryAnn Williams
at 765-747-7740 or mawilliams@co.delaware.in.us.



City of Muncie

Active Living Workshop

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The Cantina at Minnetrista
1200 N. Minnetrista Pkwy. Muncie, Indiana 47303

- 9:00 – 9:15 a.m.** **Welcome and Introductions**
- 9:15 – 10:45 a.m.** **Building the Foundation for an Active Living Community**
- Active Living and the State of our Built Environment
Jessica Latus, MS, Health by Design
 - Why We Build for Active Living
Lindsey Bouza, MPH, CHES, PAPHS, Indiana State Department of Health
 - Engaging Communities
Mandla Moyo & Ambre Marr, AARP Indiana
- 10:45 a.m. – 12:00 p.m.** **Walk Audit**
- The Keys to a Walkable Community
Pete Fritz, AICP, RLA, Indiana State Department of Health
- 12:00 – 12:30 p.m.** **Lunch**
- 12:30 – 1:15 p.m.** **Walking and Bicycling Suitability Mapping Exercise**
- 1:15 – 2:00 p.m.** **Best Practices in Planning and Designing for Active Living**
Pete Fritz, AICP, RLA, Indiana State Department of Health
- 2:00 – 3:45 p.m.** **Active Living Priorities: Group Brainstorming and Action Planning**
- 3:45 – 4:00 p.m.** **Wrap-up**

This workshop is supported by the Cooperative Agreement Number 1U58DP004806-01 from the Centers for Disease Control and Prevention. Its contents are solely the responsibility of the authors and do not necessarily represent the official views of the CDC.

